

**Galway City Partnership - Westside Project**

We coordinate and support community work and participation in the Westside area and are actively engaging with numerous individuals, agencies and service providers to ensure the needs of the community are being met and to empower local people for positive change. (Contact Suzanne: 091-528325 or 086-0433376).

Big Brother Big Sister

Big Brother Big Sister is an internationally renowned youth mentoring programme that forms friendships between a young person and an adult volunteer. This programme is operated in Ireland by Foróige, the national youth development organisation. The Galway regional office is based in the Westside Resource Centre. (Contact Andrea or Kate on 091-554420).

EPIC – Empowering Young People in Care in Ireland

EPIC is an independent association for young people in care and with care experience. We provide information, advice and support as well as an independent advocacy service for young people in care, aftercare or with care experience. (Contact Brenda on 091-395605 or 087-6249344).

National Advocacy Service

The National Advocacy Service aims to provide independent advocates to people with disabilities who find it difficult to speak for themselves. (Contact Elaine or Andrea on 091-528325).

Special Heroes Ireland

We support families with children who have Special Needs or Life Limiting illness in Galway City & County. (Contact Michelle or Paula on 089-2226419 or 085-1232086)

Galway City Community Network

The GCCN is a network of community, voluntary and environmental organisations active in Galway City. The GCCN is the main link through which the local authority connects with the community, voluntary and environmental sectors. (Contact Ann on 087-9326467).

Community Work Ireland (CWI)

Through our network of members CWI promotes and supports community work to address poverty, social exclusion and inequality. Our work includes developing and influencing policy, research and campaigning on issues of social justice at grassroots and national level. (Contact: info@communityworkireland.ie 091-528325 / 087-2998619 / 087-9326467).

MEAS Garda Youth Diversion Project

We are a community based and supported youth development project which seeks to divert young people from becoming involved (or further involved) in anti-social or criminal behaviour. These projects facilitate personal development and promote civic responsibility. (Contact Ruairí or Anthony on 086-7741623, 086-0479707 or 091-554421).

OBAIR – Local Employment Service Network

If you are unemployed and in receipt of a Social Welfare payment, the LESN staff can assist you with free and confidential information and guidance to explore your options for work, education and training. We can also provide assistance with CV preparation, application forms and interview preparation. (Contact Mary or Pádraig on 091-581955).

Epilepsy Ireland

Epilepsy Ireland provides a professional information service to support and empower people with epilepsy and their families, who have problems coming to terms with the condition and its implications. (Contact Edel on 091-587640).

Sunflower Crèche & Pre School

Sunflower Crèche & Pre School is a community based childcare service which aims to support and assist families and children in the Westside area through the provision of accessible, affordable, high quality childcare. (Contact Pauline on 091-581707).

Gorta - Self Help Africa

Gorta - Self Help Africa works with rural communities to help them improve their farms and their livelihoods. (Contact Ronan on 087-6189094).

Busy Times Ahead

Autumn is approaching and the children are back at school. Over the next few weeks, Westside Resource Centre will also see a big increase in activity as a number of adult education classes and community groups resume following the summer break.

A range of educational providers have booked their classes into Westside Resource Centre for this autumn and winter. Classes and courses cover topics ranging from creative skills such as writing, painting and music to more practical matters such as gardening and computers. The classes cater for adults of all ages and walks of life.

In addition, the Resource Centre will be involved in a number of community events such as Culture Night on Friday 16th September, Westside Community Garden Harvest Day on Wednesday 21st September and Social Inclusion Week in October.

Westside Resource Centre is situated right in the heart of Westside and is a convenient location for community classes and activities. The building is fully wheelchair accessible and offers comfortable, modern spaces for learning and creativity. For further details, contact Westside Resource Centre on 091-528325.

www.facebook.com/westsideresourcecentre

Creative Gifts Available at Westside Resource Centre

Westside Resource Centre has a range of Greeting Cards and Paintings by local artists for sale. These items are ideal as gifts for that special occasion. More information from Reception. 091-528325

**Sunflower Crèche & Preschool**

Places Still Available For 2016

Contact Pauline Connolly, Sunflower Crèche & Preschool. 091-581707

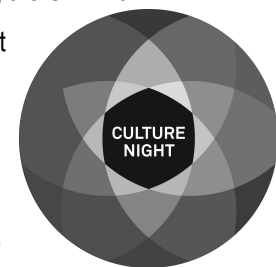
Culture Night in Westside Friday 16th September

Following a successful series of talks and events commemorating the 1916 Rising, Westside Resource Centre will present “The Wind That Shakes the Barley” as part of Culture Night 2016.

Directed by Ken Loach and starring Cillian Murphy and Padraic Delaney, this film won the prestigious Palme d'Or at the 2006 Cannes Film Festival. In the turbulent years after the 1916 Rising, Ireland went through the War of Independence and then the Civil War. “The Wind That Shakes the Barley” tells the story of two brothers who having fought together against the British forces, find themselves on different sides during the Civil War.

The event will start at 5pm in Westside Resource Centre 091 - 528325.

Advance Booking Advisable.



Useful Information for Older People



Westside Resource Centre has free copies of two very useful and informative publications for older people. The 'Directory of Services for Older People' was produced by the Galway Age Friendly Older Persons Council and provides information about the services available to older people throughout Galway City and County. 'Know Your Rights - A Guide for Older People' from the Irish Council for Civil Liberties' is designed to inform older people in clear and accessible language about their rights under various key areas of the law in Ireland.

Visit to Áras an Uachtaráin

Members of Westside Men's Club enjoyed a visit to Áras an Uachtaráin in June. They were treated to a tour of the residence and the gardens. The Summer Tea Party was in full swing and the Club was invited into the marquee to enjoy High Tea and music. The day was a great success.



DISCLAIMER: The opinions expressed in this newsletter are those of the author(s) of each individual piece and do not necessarily reflect the views of the Westside Resource Centre or Galway City Partnership.

Asthma Support for Parents and Carers

The Asthma Society of Ireland is running a free 4-week course for parents and carers of children with asthma. The course will run from Tuesday 27th September until Tuesday 18th October, one evening per week from 6pm to 9pm in Westside Resource Centre.

For more information and to register contact aisling.doherty@asthma.ie



-- 2020 Vision --

It's confirmed and official – Galway will be European City of Culture in the year 2020. Westside Newsletter would like to extend warm congratulations to all of those involved in the successful bid. There are bound to be many very interesting projects in the years leading up to 2020 and indeed beyond. What better place than Galway to explore and expound upon the many-faceted concept of culture and how it enriches and influences our lives.

We hope that the creative and artistic energy surrounding the entire City of Culture designation will have a meaningful and lasting legacy. Continued community involvement in the whole project would be very welcome and we hope that many associated events and activities will extend outward so as to benefit local communities all across Galway.

The Galway 2020 Bid Book, entitled "Making Waves", is available online in various formats at <http://galway2020.ie/en/news/galway-2020-bid-book-available-now>

Galway City Partnership Classes Autumn 2016

Galway City Partnership – Westside Project has organised a range of classes to suit people from across the community.

- **Art** - starts Friday 9th Sept at 10am.
- **Organic Gardening** - starts Wednesday 21st Sept at 11am.
- **Pilates/Wellness** - starts Thursday 29th Sept (time to be confirmed).
- **Millinery** - starts end of September.
- **Cooking** - starts Tuesday 11th Oct at 10am.
- **Beauty** - starts Thursday 13th Oct at 10am.

Spaces on these courses are limited and some eligibility criteria may apply, so contact Suzanne on 086-0433376 for more information and to register.



Participants in the Cookery Course organised by Galway City Partnership – Westside Project.

Westside Community Garden - Growing Strong

Westside Community Garden volunteers will be hosting their annual Harvest Day and Barbecue on Wednesday 21st September from 11am to 1pm. This year's event will showcase the wide range of crops produced by the garden: from herbs and flowers to vegetables and fruit.

Westside Community Garden welcomes new volunteers. Volunteering with the garden brings with it the health benefits



1916 Lecture Series Draws to a Close

The very successful community-based lecture series on the 1916 Rising is almost complete. However, people in the Westside area still have the opportunity to attend two lectures in Westside Library.

Dr Jim Higgins will deliver a talk on Wednesday 7th September at 6:30pm and Ciara Murphy will present the final lecture in the series at 6:30pm on Wednesday 5th October. Contact Westside Library on 091-520616 for further details.

New Services in Westside Library

Westside Library are pleased to announce the introduction of new services to our patrons including eBooks, eAudiobooks, online courses and language courses. These services are all free of charge and accessed through our updated website www.galwaylibrary.ie Membership is now free and we are also part of the National Library Service which allows members to borrow books from any other library in the country. Please pop into Westside Library to learn more.

Westside Resource Centre provides photocopying, faxing and laminating services to members of the public.

Westside Resource Centre, Seamus Quirke Road, Galway. 091-528325

of physical activity in the open air and contact with like-minded people. In addition, garden volunteers can attend classes in gardening, foraging, pruning and health & herbs organised by Galway City Partnership - Westside Project.

If you are interested in volunteering, come along any Wednesday between 10am and 12 noon. For more information contact Suzanne on 086-0433376

