

Organisations at Westside Resource Centre

Galway City Partnership - Westside Project

We coordinate and support community work and participation in the Westside area and are actively engaging with numerous individuals, agencies and service providers to ensure the needs of the community are being met and to empower local people for positive change. (Contact Suzanne: 091-528325 or 086-0433376).

Big Brother Big Sister

Big Brother Big Sister is an internationally renowned youth mentoring programme that forms friendships between a young person and an adult volunteer. This programme is operated in Ireland by Foróige, the national youth development organisation. The Galway regional office is based in the Westside Resource Centre. (Contact Andrea or Kate on 091-554420).

<u>EPIC – Empowering Young People in Care in Ireland</u>

EPIC is an independent association for young people in care and with care experience. We provide information, advice and support as well as an independent advocacy service for young people in care, aftercare or with care experience. (Contact Brenda on 091-395605 or 087-6249344).

National Advocacy Service

The National Advocacy Service aims to provide independent advocates to people with disabilities who find it difficult to speak for themselves. (Contact Elaine on 091-528325).

Special Heroes Ireland

We support families with children who have Special Needs or Life Limiting Illness in Galway City & County. (Contact Michelle or Paula on 089-2226419 or 085-1232086)

Galway City Community Network

The GCCN is a network of community, voluntary and environmental organisations active in Galway City. The GCCN is the main link through which the local authority connects with the community, voluntary and environmental sectors. (Contact Ann on 087-9326467).

Community Work Ireland (CWI)

Through our network of members CWI promotes and supports community work to address poverty, social exclusion and inequality. Our work includes developing and influencing policy, research and campaigning on issues of social justice at grassroots and national level.

(Contatct: info@communityworkireland.ie 091-528325 / 087-2998619 / 087-9326467).

MEAS Garda Youth Diversion Project

We are a community based and supported youth development project which seeks to divert young people from becoming involved (or further involved) in anti-social or criminal behaviour. These projects facilitate personal development and promote civic responsibility. (Contact Ruairí or Anthony on 086-7741623, 086-0479707 or 091-554421).

OBAIR – Local Employment Service Network

If you are unemployed and in receipt of a Social Welfare payment, the LESN staff can assist you with free and confidential information and guidance to explore your options for work, education and training. We can also provide assistance with CV preparation, application forms and interview preparation. (Contact Mary or Pádraig on 091-581955).

Epilepsy Ireland

Epilepsy Ireland provides a professional information service to support and empower people with epilepsy and their families, who have problems coming to terms with the condition and its implications. (Contact Edel on 091-587640).

Westside Crèche & Pre School

Westside Crèche & Pre School is a community based childcare service which aims to support and assist families and children in the Westside area through the provision of accessible, affordable, high quality childcare. (Contact Pauline on 091-581707).

Gorta - Self Help Africa

Gorta - Self Help Africa works with rural communities to help them improve their farms and their livelihoods. (Contact Ronan on 087-6189094).



WESTSIDE NEWSLETTER

Galway City Partnership
Gomhyhdirtiocht Chathair na Galláin
a tide for change
in mobile as Chathair na Galláin

Volume 6, Issue 5 Late Autumn 2016

Supported by Westside Resource Centre and Galway City Partnership - Westside Project

~ Welcome in Westside ~

Westside Resource Centre is to host an open day event for Social Inclusion Week 2016. There are currently 12 different organisations based in the centre and a wide range of community groups use the centre on a regular basis for meetings, training seminars and activities.

Members of the community and local groups will have the opportunity to explore the services and facilities available in Westside Resource Centre and to meet with representatives from the various organisations based in the centre.

The 'Welcome in Westside' event will be held on Monday 7th November from 11am to 1pm as part of Social Inclusion Week. All are welcome to come along and take part.

For further details, contact Westside Resource Centre on 091-528325.

www.facebook.com/westsideresourcecentre

Community Christmas Market Thursday 8th December 2016

This year's Christmas Market & Family Day will take place on Thursday 8th December. The market will run from 10:30am to 3:30pm and will showcase the talents of local community groups. It offers an ideal opportunity to purchase unique, creative gifts in time for Christmas. All proceeds from the market will go to supporting local community groups based in Westside.

Alongside the market, there will be a wide range of free activities including Storytelling, Christmas Crafts, Carol Singing and Live Music in the Community Café.

Charity Dinner

The fourth annual Charity Dinner in aid of Gorta - Self Help Africa takes place on Friday 11th November at 7:30pm in the Meyrick Hotel, Eyre Square. The ticket price of €70 covers a champagne reception at the door, a four-course meal and entertainment by Ignite Gospel Choir and Seán Slattery & the Connections. There will be raffles, spot prizes and fun and games throughout the night.

This very popular event celebrates the great work done by Gorta - Self Help Africa and raises much-needed funds to continue the organisation's work with those struggling to make ends meet in Africa.

For more information and to purchase tickets, please contact Ronan Scully on 087-6189094 or ronan.scully@selfhelpafrica.org



Exhibitions and Lectures

Two extra dates are planned for the very popular 1916 Lecture Series to coincide with exhibitions in Westside Library and Westside Resource Centre. Westside Library is hosting an exhibition titled "From Colonial State to Free State" - on loan from Galway County Council - which traces events from 1895 to 1923. Westside Reource Centre is hosting "Paths to Freedom" - on loan from Galway City Council focusing on Galway Urban District Council minutes from around the time of the 1916 Rising. More information will be available soon from Westside Library: 091-520616.

Page 2 The Open Door

The Open Door monthly gathering in Westside Resource Centre is going from strength to strength. Over the recent months, the Open Door has hosted an excellent variety of speakers who have given talks on many informative topics. In August, the Open Door group visited Galway City Museum, where they were given a guided tour of the Museum which was enjoyed by all.

The Open Door takes place on the first Tuesday of every month at 10.30am. The next event will take place on Tuesday 1st November at 10:30am. The speaker will be Maureen Mannion of the Alzheimer Society of Ireland. The Open Door is free and open to everyone. Come along and enjoy a chat and a cuppa in a friendly, relaxed atmosphere.

Westside Resource Centre provides photocopying, faxing and laminating services to members of the public.

Westside Resource Centre, Seamus Quirke Road, Galway. 091-528325

Galway Artisan Workshop Grand Opening and Fair

Galway City Partnership is launching its new social enterprise, the Galway Artisan Workshop and hosting a Social Enterprise Fair on Thursday 27th October from 9am to 12pm. The Artisan Workshop is in Unit 11a on the Sandy Road near Galway Bay FM.

Come along on the day to view the products of Galway Artisan Workshop and find out more about some of the social enterprises doing business in Galway City. For more information, please contact Eileen Lauster: 091 773 466 / 086-0080570 / eileen@gcp.ie

Galway City Partnership

Social Inclusion Week at Westside Resource Centre

Social Inclusion Week takes place in Galway city from November 7th-13th 2016 and Westside Resource Centre will host a number of events during the week.

On Monday the 7th of November Westside Resource Centre itself will hold a "Welcome In Westside" open day event from 11am-1pm.

Westside Age Inclusion is holding an event on Tuesday the 8th November from 6-8.30pm.

On Friday the 11th of November Epilepsy Ireland are having a "Family Awareness Session" at the centre and this will run from 11am-1pm.

Special Heroes Ireland will host a Meet and Greet brunch for family members of children with Special Needs, additional needs and disabilities, and chronic and life limiting illness. The event will run from 10.30am-12pm on Friday the 11th November. (Children welcome)

Galway City and County Age Friendly Older Persons Council will host "Afternoon Tea" at the centre from 2-4pm on Friday 11th November.

For further, please details contact the respective organisations or Westside Resource Centre on 091-528325.

Creative Gifts Available at **Westside Resource Centre**

Westside Resource Centre has a range of Greeting Cards and Paintings by local artists for sale. These items are ideal as gifts. More information from Reception. 091-528325





Westside Community Garden

Members of the Westside Community Garden visited the Botanical Gardens in Glasnevin. Dublin on 10th September. The group was given a tour of part of the 50-acre site and the good weather made the day even more enjoyable. This trip was very successful and many of those who went would like to return and visit more of the Gardens



Members of Westside Community Garden in the wilds of Glasnevin

Westside Community Garden volunteers held their annual Harvest Day and Barbecue on Wednesday 21st September. Despite the inclement weather, there was a good turn-out. This year's event showcased the wide range of crops produced by the garden: from herbs and flowers to vegetables and fruit.

Westside Community Garden will host a nutrition course for the month of November. Please contact Suzanne McKane of Galway City Partnership - Westside Project on 086-0433376 for more details.

Westside Community Garden welcomes new volunteers. The Garden is open every Wednesday morning from 10:00, so Come along and sign up.



DISCLAIMER: The opinions expressed in this newsletter are those of the author(s) of each individual piece and do not necessarily reflect the views of the Westside Resource Centre or Galway City

Youth Work Ireland Page 3 Westside

The Westside Youth Project is open to young people ages 10-21. Our groups are always changing so check in with us to see if there's something on that you'd like -- or tell us what you'd like and maybe we can set it up!! At the moment there are still spaces in the following groups, all of which meet in Corrach Buí:

- 1. Fitness group 6-7pm on Tuesdays
- 2. Youth council for 12-16 year olds. This group will work on issues for young people in the Westside and advise our project, from a vouth perspective. 4.30-6pm on Wednesday
- 3. Hip hop dance 6-7pm on Wednesdays
- 4. Art portfolio preparation 4.30-5.30pm on Fridays

Also - all are welcome to our Potluck Party, which will be held for Social Inclusion Week on Tuesday 8th November from 5-7pm in Corrach Buí - come one, come all, and celebrate equality and inclusion with us!

For more info or with any queries at all, contact

Kerry E'lyn 087-9371619 Maria 087-2363021 Isabel 087-9141522





Meetings, Seminars **L** Social Gatherings



Your local Resource Centre hosts a wide variety of different functions and courses. **Westside Resource Centre** 091-528325

Westside Newsletter

is supported by Galway City Partnership





