



Galway City Partnership - Westside Project

We coordinate and support community work and participation in the Westside area and engage with numerous individuals, agencies and service providers to ensure the needs of the community are being met and to empower local people for positive change. (Contact Suzanne: 091-528325 or 086-0433376).

Big Brother Big Sister

We are an internationally renowned youth mentoring programme that forms friendships between a young person and an adult volunteer. This programme is operated in Ireland by Foróige, the national youth development organisation. The Galway regional office is based in the Westside Resource Centre. (Contact 091-554420).

EPIC – Empowering Young People in Care in Ireland

EPIC is an independent association for young people in care and with care experience. We provide information, advice and support as well as an independent advocacy service for young people in care, aftercare or with care experience. (Contact Brenda on 091-395605 or 087-6249344).

National Advocacy Service

The National Advocacy Service aims to provide independent advocates to people with disabilities who find it difficult to speak for themselves. (Contact 076-1073000).

Galway City Community Network

The GCCN is a network of community, voluntary and environmental organisations active in Galway City. The GCCN is the main link through which the local authority connects with the community, voluntary and environmental sectors. (Contact Ann on 087-9326467).

Westside Crèche & Pre School

Westside Crèche & Pre School is a community based childcare service which aims to support and assist families and children in the Westside area through the provision of accessible, affordable, high quality childcare. (Contact Pauline on 091-581707).

Community Work Ireland (CWI)

Through our network of members CWI promotes and supports community work to address poverty, social exclusion and inequality. Our work includes developing and influencing policy, research and campaigning on issues of social justice. (Contact: info@communityworkireland.ie 091-528325 / 087-2998619 / 087-9326467).

MEAS Garda Youth Diversion Project

We are a community based and supported youth development project which seeks to divert young people from becoming involved (or further involved) in anti-social or criminal behaviour. These projects facilitate personal development and promote civic responsibility. (Contact Ruairí or Anthony on 086-7741623, 086-0479707 or 091-554421).

OBAIR – Local Employment Service Network

If you are unemployed and in receipt of a Social Welfare payment, the LESN staff can assist you with free and confidential information and guidance to explore your options for work, education and training. We can also provide assistance with CV preparation, application forms and interview preparation. (Contact Robert or Pádraig on 091-581955).

Epilepsy Ireland

Epilepsy Ireland provides a professional information service to support and empower people with epilepsy and their families, who have problems coming to terms with the condition and its implications. (Contact Edel on 091-587640).

Self Help Africa

Self Help Africa works with rural communities to help them improve their farms and their livelihoods. (Contact Ronan on 087-6189094).

RehabCare

RehabCare is the provider of choice of person-centred, health and social care services that facilitate people who are disadvantaged to participate in the life of their local community in ways that match their choices, aspirations and needs. (Contact Louise on 086 8371638 or Louise.Kenny@Rehabcare.ie)

Autumn Classes Announced

Galway City Partnership in conjunction with Galway & Roscommon Education and Training Board (GRET) are running a range of free courses in Westside Resource Centre this autumn. There is a range of courses on offer: (1) **Yoga**, (2) **Health and Fitness for Men**, (3) **Art**, (4) **Barbering** (5) **Cooking** and (6) **Driver Theory Test** preparation.

For full details about availability, contact Community Education on 086-1424904. Donnacha Minton: donnacha@gcp.ie or Geraldine Daniels: geraldine@gcp.ie.

Galway City Partnership will also be running an **Interview Skills Workshop**. Contact Mary McHugh 091-773466 marymchugh@gcp.ie for more information.

Free Documentary Screening

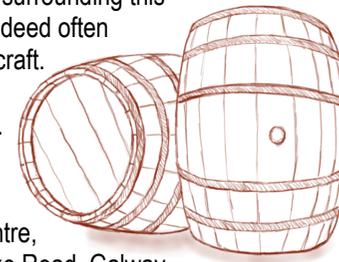
Culture Night takes place on Friday 21st September and Westside Resource Centre is screening a documentary entitled “Déantús an Phoitín – Poteen Making” as part of its ‘Heritage in the Community’ programme of events.

Illicit distilling has a long history in the West of Ireland and this fine film explores the history and traditions surrounding this ancient and indeed often controversial craft.

Time 7.00 pm.

Westside Resource Centre,
Seamus Quirke Road, Galway.

Places limited – booking advisable 091-528325



- Parenting Programmes -

West Galway Family Services will be running parenting programmes starting in September 2018.

The Non-Violent Resistance Programme is for parents experiencing intimidating, abusive or controlling behaviour from their children.

The Early Years Programme is aimed at promoting confidence, learning and positive behaviour in children aged 0-6yrs.

The Adolescent Years Programme is aimed at promoting positive relationships and effective communication in families with adolescents aged 11-16yrs.

All programmes are due to start mid September. Booking is essential. Please contact the office on 091-529390 for more info or to book a place.

Heritage in the Community

Westside Resource Centre is hosting a series of heritage craft workshops in late 2018. The project is an initiative of Westside Arts Festival and is being supported by Galway 2020's “Small Towns, Big Ideas” initiative. Entitled ‘A Wild and Generous Landscape’, the project focuses on heritage crafts from the West of Ireland. James Coyne, Chairman of Westside Arts Festival, said that the project aims to celebrate a number of important local crafts and also to acknowledge and appreciate the raw materials that come from the surrounding landscape.

Handmade objects were once very much a part of everyday life - baskets, furniture, clothing, implements for garden and farm. In the days

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Westside Community Garden - Growing Every Year -

Westside Community Garden was extended this year and some of it has been planted already. The extension stretches towards Corrib Park behind Westside Community Centre. A fine new poly-tunnel has already been installed and this will allow the volunteers to extend the growing season.

A part of the extension has been designated for use by the "Peashoots" - a parent and toddler gardening group - and negotiations are underway with Barna Waste Ltd to secure a supply of compost to fertilise the new section.



Volunteers are always welcome, especially now that the garden is bigger! Come along on Wednesday mornings between 10am and noon.

Westside Resource Centre provides photocopying, faxing and laminating services to members of the public.

We also offer internet access and printing in black and white.

These services are available Monday to Friday from 10am to 5pm.

Westside Resource Centre,
Seamus Quirke Road, Galway. 091-528325

www.facebook.com/westsideresourcecentre
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Galway City Partnership
Coilghéirdíocht Chathair na Gaillimhe
a tide for change
all trade is worth

Heritage in the Community

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before synthetic materials, people had to make use of the raw materials which were available locally: willow for weaving, straw for ropes and local wool for garments etc. The same also applied with foodstuffs as locally produced ingredients formed the mainstay of people's diet.

Compared to modern mass produced equivalents, homemade products were very much 'of their place'; being rooted in a local interpretation of a particular skill and formed from the very materials of the landscape around them. Further details about 'A Wild and Generous Landscape' will be available from Westside Arts Festival social media facebook.com/westsiderartsfestival

Monthly Community Gathering

The 'Open Door' takes place on the first Tuesday of every month from 10:30am. Drop in for a cup of tea and a chat and an informative talk by our speaker of the month. These monthly events are free of charge.

Galway Dyspraxia Support Group

The Galway Dyspraxia Support Group holds morning coffee meet ups for parents and adult family members of children and teens with DCD in Westside Resource Centre on a monthly basis. Email daigalway@gmail.com for more information.

DISCLAIMER: The opinions expressed in this newsletter are those of the author(s) of each individual piece and do not necessarily reflect the views of the Westside Resource Centre or Galway City Partnership.

Reflections on Festival '18



Old favourites like the Open Mic Night returned to Westside Library and "Westside's Got Talent" took place in Westside Community Centre. Morgan Creative and Kadira Theatre delivered excellent theatrical performances indoors and outdoors.

Westside Community Garden's Open Day was a great success, despite the inclement weather. There was a barbecue, planting for children and the 'Knitbomb' project was unveiled. Music also played a major role in this year's festivities with excellent performances of classical, traditional, choral, pop, jazz / brass music to suit all tastes.

Many thanks to all of the organisations and businesses that generously supported the Festival again this year. A big "Thank you" also to all the organisers, facilitators, volunteers and to the staff of the local groups who helped make Westside Arts Festival such a success.

This year's Westside Arts Festival took place during the second week in July. The line-up was better than ever, with a great selection of activities and workshops for people of all ages. The final programme had over 30 different events.

The official opening of Westside Art Exhibition was performed by Cllr. Niall McNelis, Mayor of the City of Galway. This year's exhibition showcased the increasing quality of artwork being produced in the local area.

The new Festival Parade got proceedings off to a great start. The sun shone brightly and a carnival atmosphere took hold as a very colourful procession moved through Westside on the first day of the festival.

2018 also saw some specially commissioned art works being developed for display. The 'Art Within' project - carried out in conjunction with CURAM at NUI Galway - opened up new perspectives on art and science as did the innovative 'After Image' exhibit by international art duo Cleary Connolly.

Information Meeting

Galway Integration Consortium will host an information meeting with Doras Luimnigh in September about the right to work for asylum seekers. For more details, email suzanne@gcp.ie

Beginners Computer Course

If you want to get to grips with computers, why not come to the beginners computer course in Westside Resource Centre. The course starts on Tuesday 11th September and will run for 6 Tuesdays. Places are limited and allocated on a "first come, first serve" basis, so come to Westside Resource Centre to register. The fee is €30.

For more information contact:
Westside Resource Centre,
Seamus Quirke Road,
091-528325.

