



**Galway City Partnership - Westside Project** coordinate and support community work and participation in the Westside area and engage with numerous individuals, agencies and service providers to ensure the needs of the community are being met and to empower local people for positive change. (Contact Ciara on 083-0234390).

**Big Brother Big Sister** are an internationally renowned youth mentoring programme that forms friendships between a young person and an adult volunteer. This programme is operated in Ireland by Foróige, the national youth development organisation. The Galway regional office is based in the Westside Resource Centre. (Contact Miki on 086-0319457).

**WorldWide Global Schools** is Ireland's national Global Citizenship Education (GCE) programme for post-primary schools. The aim of the programme is to increase the number of post-primary schools engaging in quality global citizenship education by providing a comprehensive range of supports and training.

**Galway City Community Network** is a network of community, voluntary and environmental organisations active in Galway City. The GCCN is the main link through which the local authority connects with the community, voluntary and environmental sectors. (Contact Brian on 085-2145179).

**Galway City Partnership - Ukrainian Support Project** works with and supports those fleeing the conflict in Ukraine by linking them into existing services in the Galway City municipal area. (Contact 085-1273069 or ukrainiansupport@gcp.ie)

**National Advocacy Service** aims to provide independent advocates to people with disabilities who find it difficult to speak for themselves. (Contact 0818-073000).

**Westside Crèche & Pre School** is a community based childcare service which aims to support and assist families and children in the Westside area through the provision of accessible, affordable, high quality childcare. (Contact Pauline on 091-581707).

**Warm Home Hub** helps people to upgrade to a warmer, healthier home with lower energy costs. If you have questions about enhancing insulation, draft removal or incorporation of renewable energies - all while maximising available grant support and delivering household savings – contact info@warmhomehub.ie or 091-398125

**MEAS Garda Youth Diversion Project** is a community based and supported youth development project which seeks to divert young people from becoming involved (or further involved) in anti-social or criminal behaviour. These projects facilitate personal development and promote civic responsibility. (Contact Anthony on 086-0479707 or 091-554421).

**Local Area Employment Service Network (LAES)** If you are out of work and looking for career guidance on employment, training or educational opportunities, we can help. Our service is free, respectful and client-focussed. All meetings are held in private. FOR FURTHER INFORMATION PLEASE CONTACT YOUR LOCAL INTREO OFFICE.

**Epilepsy Ireland** provides a professional information service to support and empower people with epilepsy and their families, who have problems coming to terms with the condition and its implications. (Contact Cliona on 085-8766585 or cmolloy@epilepsy.ie).

**RISE Service** is a community service which provides supports for individuals with an Intellectual Disability, Autism and/or a physical or sensory disability to be more connected, active and included in their community. (Contact Niamh on 086-6072933 or niamh.faherty@rehabcare.ie)

**Patient Advocacy Service** is independent, free and confidential. We can support you to make a complaint about the care you have experienced in a Public Acute Hospital or a HSE-operated Nursing Home. (Contact https://www.patientadvocacyservice.ie)

**Self Help Africa** works with rural communities to help them improve their farms and their livelihoods. (Contact Ronan on 087-6189094).

## Warm Home Hub

As part of Galway City's participation in the European "Net Zero Pilot Cities" initiative to reduce carbon emissions, a Warm Home Hub has been set up in Westside Resource Centre. The aim of the Hub is to help people in the Westside area of the city to upgrade to warmer, healthier homes with lower energy costs and lower emissions.

The Warm Home Hub can provide answers to questions that home-owners might have with regard to retrofitting such as enhancing insulation, removing drafts or installing renewable energy systems.

The Hub also has information on the grant support that is available to home-owners for retrofitting and the household savings that can be expected from upgrading their home.



**WarmHomeHub**  
A Net Zero Cities Project

The Warm Home Hub is based in Westside Resource Centre. For more information, please contact info@warmhomehub.ie or 091-398125

## Westside Arts Festival

The organising committee of Westside Arts Festival has announced the dates for this year's event. The Festival is scheduled to take place from Tuesday 9<sup>th</sup> until Saturday 13<sup>th</sup> July. Details of the programme will emerge over the next few months and will be made available on Westside Arts Festival Facebook page.

<https://facebook.com/westsideartsfestival>

## LifeCycle Your Bike

An Mheitheal Rothar has teamed up with Westside Resource Centre to deliver a Bike Upcycling Scheme in Galway City. This innovative project sees bikes at the end of their life returned to functionality, lowering carbon emissions while providing a sustainable means of transport.

The Upcycling Scheme provides valuable learning opportunities for trainee mechanics, who learn all the tricks of the trade by working on the huge variety of bikes we receive. Bikes are sourced from local authority waste facilities or through donations from the public.

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Mayor of the City of Galway Cllr. Eddie Hoare showing his support for the Steering Group of Galway's **Net Zero Pilot City Project** at their inaugural meeting. The project is an initiative of Galway City Council, Atlantic Technological University, Galway Energy Co-operative, North Western Regional Assembly and University of Galway. The project has received funding from the European Union.

## LifeCycle Your Bike

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The finished upcycled bikes are either sold in An Mheitheal Rothar's Siopa Rothar (opposite Fisheries Field) or provided to people on low incomes via projects such as the University of Sanctuary programme at the University of Galway.

**Do you have an old bike you no longer want?** If so, your donation will be gratefully received. The Bike Recycling Centre is located in Westside Enterprise Park (located behind the Westside shops). The team is there 9-5 Monday to Friday for drop-offs. If you have a bike but are not able to bring it to us, we hire a van every week or two and can sometimes do a pickup. Call workshop manager Noel on 091 725 874 if you have a bike to donate.

*The Up-cycling of Bicycles and eBikes Pilot Initiative is supported by the Dept of Rural and Community Development and the Dept of Transport.*



## Galway City Museum Outreach in Westside

As part of its outreach programme, Galway City Museum recently curated an excellent series of educational talks at Westside Resource Centre. The talks took place between October 2023 and February 2024 and were held in conjunction with Westside's popular monthly Open Door event.

The series was specially developed in response to the interests of the local community and covered a wide range of topics from "St Gobnait & the Folklore of Bees", to the "History of the Claddagh Fishing Village" to "Weaving & Wool Crafts".

The "Galway in Old Photographs" talk proved to be particularly popular. Brendan McGowan, Education Officer at Galway City Museum, presented some late 19th and early 20th century photographs of Galway. These images came principally from the Lawrence Collection at the National Library of Ireland and from Chetham's Library in Manchester.

The Open Door takes place on the first Tuesday of each month in Westside Resource Centre. The event is free of charge and all are welcome, (091) 528325.



Photo: Chetham's Library

## Basic Computer Lessons at Le Cheile Westside



One-to-one computer classes in a relaxed and friendly environment.

€10 per hour. Advance booking required.

Phone 091-582146 Email [info@lecheilewestside.ie](mailto:info@lecheilewestside.ie)

Le Cheile Westside Co Ltd, Unit 1, Westside Enterprise Centre, Bothar Le Cheile, Galway H91 YW25

## Innovative Climate Course for the Over-60s

A Free 7-Step **Climate WORK OUT** Programme for people over 60, facilitated by Jacinta Barrins, has just begun at Westside Resource Centre. The aim of the course is to mentor and support the over-60s to choose a few simple steps that will reduce their carbon footprint while achieving many other benefits.

The course started on Tuesday 6<sup>th</sup> February at 10:00am and will run for 7 weeks. For further information on future courses, please contact Jacinta on 087-1603768 or [CC60PLUS@outlook.com](mailto:CC60PLUS@outlook.com)



**DISCLAIMER:** The opinions expressed in this newsletter are those of the author(s) of each individual piece and do not necessarily reflect the views of the Westside Resource Centre or Galway City Partnership.

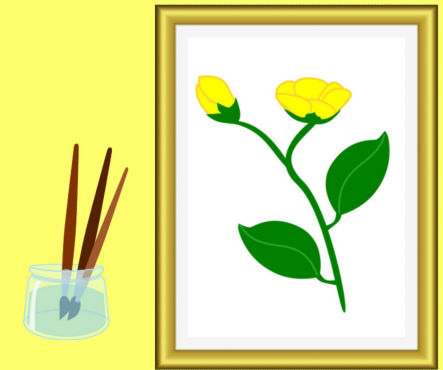
## Healthy Food Made Easy

Congratulations to all of the participants in the Healthy Food Made Easy course. The course took place in Westside Resource Centre and was supported by Galway City Partnership – Westside Project and funded through Healthy Galway City.



## The Friday Art Group

The very active 'Friday Art Group' meet weekly at Westside Resource Centre on Friday afternoon. This group of ladies have come together to paint and chat in a creative and supportive atmosphere. The group is run and funded by its own members and would welcome new participants to share in their activities. If you are interested, please leave you contact details at Reception in Westside Resource Centre, and we will get back to you.



## Open Day & Information Session

**Are you considering a home retrofit?  
If so, you are invited to come along  
and meet the team at Westside's  
Warm Home Hub**

**Wed 21<sup>st</sup> Feb 2024  
2:00pm to 5:30pm**

Venue:  
Westside Resource Centre,  
Seamus Quirke Road,  
Galway H91 C1KX



**Warm Home Hub  
Phone: 091-398125  
[info@warmhomehub.ie](mailto:info@warmhomehub.ie)**

**WarmHomeHub**  
A Net Zero Cities Project